

CLIENT INTAKE FORM

Date of first appointment:

Please take your time in providing the following information. The questions are designed to help me begin to understand you so that our time together can be as productive as possible. All information provided is confidential. If you feel uncomfortable answering any questions, feel free to skip them.

How did you find me?

Social Media: _____

My Website:

Friend/Family: _____

Other: _____

Have you previously received any type of spiritual treatment?

Yes

No

If yes, which of the following:

Holistic massage

Tarot reading

Coaching

Other

If yes, please provide:

What kind of treatment: _____

Thoughts about it: _____

Reason for treatment: _____

What brings you to spiritual coaching:

What are your expectations?

What areas of your life have been affected?

Have you been raised/considered yourself part of any religious streaming or spiritual path?

Yes

No

If yes, for approximately how long and what path? _____

What significant life changes or stressful events have you experienced recently?

What would you like to accomplish out of your time with spiritual coaching?

Where were you born? _____

Where did you grow up? _____

- City
- Suburbs
- Country

Who did you live with while growing up? _____

In the section below feel free to talk about any traditional practices in your family/friends or kind strangers that fascinate you and in which you (perhaps) dipped your toes:

Spiritual interest	Please circle	Thoughts about it.....
Ritual	yes/no	
Prayer	yes/no	
Creativity	yes/no	
Meditation	yes/no	
Inner voice journey	yes/no	
Journaling	yes/no	
Vlogging	yes/no	
Lighting candles	yes/no	
Divination tools	yes/no	
Books	yes/no	
Yoga	yes/no	

Is your partner involved in your spiritual practice in any way or are you free to do what you need?

- Yes
- No
- Partly: _____
- Interested in a friendly manner
- Interested with a concerned eye
- No opinion

Do you have any kids?

What do you enjoy about your life?

What do you find particularly stressful about your life?

What do you enjoy doing in your free time? What do you do to relax?

What do you consider to be some of your strengths?

What do you consider to be some of your weakness?